

Checklist Peru
For HIKERS

- camel back
- day back pack
- Gigg bottle
- Emergency kit
- Head lamp
- Swiss army knife
- Poles and stoppers
- Toiletries
- Toilet paper
- Light, super absorbent towel
- Sun block 50 SPF
- Mosquito repellent
- computer
- transformer.
- Camera + recharger/plug
- Passport (+ green card)
- plane tickets
- hotel info
- 1 clip (for visa issued at airport)
- cash (\$ and/or Soles)
- Credit cards

- Light, warm coat
- 2 T-shirts
- 3 long sleeve T-shirts
- 2 cargo pants
- 2 sweaters (1 light and 1 medium)
- 1 light rain vest + rain pants
- 1 sleeveless jacket

- scarf
- gloves
- woolen hat (covering the ears)
- sun hat
- bathing suit
- sunglasses

- walking tennis shoes
- hiking boots
- 2 pairs light knee high socks
- flip-flops

- regular underwear
- silk long underwear (warm)
- pajamas
- earplugs (if you're sharing a room)

For Lake Titicaca:

- laundry powder
- sleeping bag + compressor and sheet
- garbage bags
- fabric grocery bag

For women:

- 2 nice dresses
- 1 shawl
- 1 skirt
- stockings
- 1 pair low heel city boots (for cobbler stones)