

Checklist Peru  
For NON-hikers

- *mosquito repellent\**
  - *Gigg water bottle\**
  - *Sun block 50 SPF\**
  - *Small flash lamp\**
  - *Toiletries*
  - *Toilet paper*
  - *Light, warm coat*
  - *3 long sleeve T-shirts*
  - *2 pairs of comfortable pants*
  - *2 sweaters (light/medium)*
  - *1 sleeveless jacket*
  - *scarf*
  - *gloves\**
  - *wool hat which covers the ears\**
  - *sun hat\**
  - *bathing suit*
  - *sunglasses\**
  - *underwear*
  - *poles + stoppers*
  - *walking tennis shoes*
  - *2 pairs light knee socks*
  - *silk long underwear*
  - *pajamas*
  - *laundry powder*
  - *sleeping bag + compressor (only for Lake Titicaca option)*
  - *garbage bags*
  - *fabric foldable grocery bag*
  - *computer*
  - *Camera + recharger/plug*
  - *passport*
  - *plane tickets*
  - *hotel information*
  - *cash (+credit cards)*
- For women:*
- *2 nice dresses*
  - *shawl\**
  - *2 skirts*
  - *1 T-shirt or blouse*
  - *stockings*
  - *1 pair of low heel boots*
  - *1 pair low heel city shoes (for cobbler stones)*
- \*CAN BE BOUGHT IN PISAQ on the first day*